

RESIDENT FACULTY



Fr. James Theophilus SDB: Rector

- B.A (Hons) Theology, Durham, England; Licentiate in Sacred Scripture Rome, Italy
- Experience: Professor in seminaries, Provincial of Salesian Province of Trichy, Formator, Retreat preacher, Spiritual Director, Animator of the laity in the Salesian Family

Email: theomuttupet@gmail.com



Fr. Bosco Ponthokkan SDB: Vice Rector & Coordinator of Programmes

- M.A. Psychology and Religion – GTU Berkeley, California; M.Th. Spiritual Theology – Salesian Pontifical University, Rome; Diploma in Psychological Counselling – Inst. of St Anselm, Kent, England
- Experience: Counselling and Spiritual Direction, Novice Master for 7 years, Teacher in various seminaries, Animation of priests and religious

Email: boscoponthokkan@gmail.com



Fr. Thommai Antonyrajan SDB: Administrator

- M.A. Youth Ministry & Pastoral Counselling - Fordham University, New York
- Experience: Vice provincial of the Trichy Province, Animation of Youth Groups, Retreat Preaching, Formation work.

Email: tarajan6492@gmail.com



Fr. Raja Reddy Donthireddy SDB: Animator

- M.Sc and M.Phil in Counselling Psychology
- Experience: Counselling & Group Therapy; Retreat Preaching; Soft Skills Training; Youth Animation; Formation; and Street Children Work.

Email: donthiraja@gmail.com



GUEST FACULTY

Fr. Joe Mannath SDB - *Ph.D. in Philosophy, Research in Psychology and Religion*

Fr. George Thannickal SDB – *Ph.D. in Theology*

Dr. John Kalayil - *Ph.D in Clinical Psychology*

Fr. Jose Kuttianimattathil SDB – *Ph.D. in Systematic Theology*

Fr. Edison Fernandes SDB - *Ph.D. in Psychology*

Fr. Anton Paul Padinjaarathala SDB – *Ph.D. in Canon Law*

Fr. Santhanaraj Ubagaram SDB – *M.S.W., Ph.D. in Sociology*

Sr. Rosamma John, ICM – *Ph.D. in Counselling Psychology*

Sr. Bernadine Joseph RNDM – *M.A. Pastoral Counselling*

Fr. Casimir Raj SDB - *Ph.D. in Youth Work*

And others ...

What DBRC Provides :

DBRC offers "On-going formation". As such our concern is the formation of strong minds and spirits, updated training, strengthening of ministry practices, and exploration of new avenues of thought and action, hoping to make a significant and constructive contribution to the Church. To this end, we offer

- ❖ **Chances for individual counselling and spiritual direction.**
- ❖ 6000 - Volume library with a well-furnished reading room.
- ❖ Qualified and experienced resident as well as guest faculty.
- ❖ Relevant and practical courses tailored to the needs of different target groups.
- ❖ Scenic settings, with well-designed building, set among flower garden and fruit trees, with the bonus of the well-known Bangalore weather all year round.
- ❖ Warm and joyful atmosphere, accommodation, food and amenities highly rated by participants.

Contact without delay :

Rector/ Programme Director
Don Bosco Renewal Centre, SOS Post, Bannerghatta Road,
Bangalore - 560 076, India, Tel : 080 - 26584115, 26593522, 26583718
Admissions Email : admitdbrc@gmail.com
Application forms may be downloaded from the website.
Website : www.dbyp.org

REACHING DON BOSCO RENEWAL CENTRE

Don Bosco Renewal Centre is situated in the south of Bangalore, on the outskirts of the city. Our house lies on a small side road (Kothanur Road) off Bannerghatta Road between Mount St. Joseph and the Convent of the Holy Spirit, about 15 Km from the City Railway Station and about 8 Km from the Bangalore Dairy Circle/ Dharmaram College.

From the Bangalore City Station

If you are coming by train, get down at the Bangalore City station and take Bus 365, 365D, from Platform 15 at the City Bus Stand (also known as Majestic) just opposite to the Railway Station. Bus 365 AC will charge you only Rs. 70. It can be taken near the Restaurant side.

There are also pre-paid auto-rickshaws available from the Railway Station and Ola & Uber Taxi services; ask for Gottigere, which is beyond Meenakshi Temple or Royal Meenakshi Mall on Bannerghatta Road. You can also search on Google Map for Don Bosco Renewal Centre and get the directions. When you reach the Temple (on your right) proceed further to Holy Spirit School or Loyola School. Take the Kothanur Road (on the right) and proceed. You will see our entrance marked "Don Bosco Renewal Centre". The prepaid auto fare up to Gottigere is appr. ₹ 350. Other auto rickshaws may demand 50% more than the meter charge.

Other buses (366, 366B/C/D/E/F, 367A, 370, 371 and 372) – all begin from Kalasipalayam Bus Stand (K. R. Market), not very far from the same City station. These too come down the Bannerghatta Road. Most buses stop at "Loyola School" bus stop which is exactly at the junction of the Mantri Residency - the stop after Meenakshi Temple. Opposite to that is a side-road (Kothanur Road) to the right. On this side road, our gate is the third on the right hand side. You will see the board "DON BOSCO RENEWAL CENTRE."

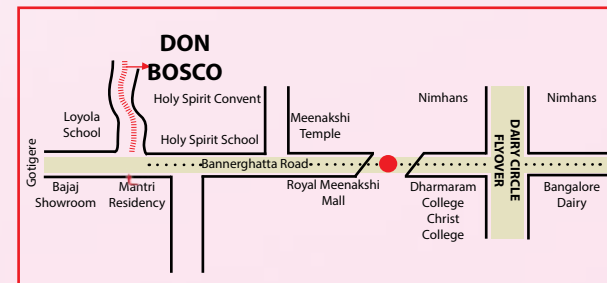
From the Dairy Circle

If you are coming from Kerala or Tamil Nadu, your bus will most probably stop at Bangalore Dairy Circle from where you can catch any of the above-mentioned buses, and also Bus 368 which originates from Shivajinagar Bus Stand. From the Dairy Circle you can also get an auto-rickshaw to our place, but some of them may ask you to pay one and a half to two times the fare, thinking we are outside city limits. The amount for hiring an auto may work out to about ₹ 80-100.

It is important to remember that the landmark on the Bannerghatta road to identify our area is Meenakshi Temple or Royal Meenakshi Mall. Your auto-rickshaw driver should take you right up to your destination, and not let you off at Meenakshi temple.

From the Airport

When you arrive at the airport, take buses No. 12 or No. 5 and get down at Shantinagar Bus-stand. From there take bus No. 365 and get off at Loyola School stop. You can walk to our Centre.



DON BOSCO RENEWAL CENTRE



Formerly known as
**DON BOSCO YUVA PRACHODINI
BANGALORE - 560 076, INDIA**

An International Training Centre
of the Salesians of Don Bosco [S.D.B.]
offering programmes in Renewal,
On-Going Formation
& Professional Development
to Priests, Religious and Laity.



COURSES 2018

COURSE SCHEDULE 2018

1. Preparation for Final Vows

(Thu Jan 4th to Sun Jan 28th 2018)

Target Group: Only Salesians in the last year before Final Vows.

Contents: Orientation & Assessment of the Past, Consecrated Life, Community, Prayer, Mission, Discernment, Psycho-sexual Integration & Celibacy, Group Process and Guided Retreat.

Board & Lodge, Course Fee, Retreat & Gp. Process: ₹ 17,000.00

2. Personal Growth and Renewal

(Thu Feb 1st to Sat Feb 24th 2018)

Target Group: Priests & Religious interested in deepening their personal and spiritual life and leading happier and more committed lives.

Contents: Consecrated Life, Spiritual Direction, Midlife Transition, Prayer, Core Transformation, Formation of Conscience, Psycho-sexual Integration & Celibacy, and Group Process.

Board & Lodge, Course Fee & Gp. Process: ₹ 15,000.00

3. Leadership and Animation of Communities

(Wed Feb 28th to Tue March 27th 2018)

Target Group: Leaders of communities, whether preparing to take charge or already in office.

Contents: Prayer Animation, Leading Multi-Cultural Communities, Leadership Styles, Church Leadership, Animation of Communities, Listening Skills, Emotions and Healing of Hurts, Community Building Skills and Child Policy.

Board & Lodge, Course Fee: ₹ 16,000.00

4. Preparation for Final Vows

(Tue April 10th to Fri May 4th 2018)

Target Group: Only Salesians in the last year before Final Vows.

Contents: Same as Course No. 1

Board & Lodge, Course Fee, Retreat & Gp. Process: ₹ 17,000.00

5. Counselling and Value Training for Educators

(Wed May 9th to Tue May 22nd 2018)

Target Group: Priests, Brothers, Sisters, Campus Ministers, Teachers and Parish Youth Coordinators.

Contents: Issues and Problems in Human Behaviour, Counselling Skills, Person Centred Therapy, Cognitive Behavioural Therapy, Transactional Analysis, Moral Development, Values and Value Clarification Exercises, Priorities and Value Decision Making, Search for Meaning and Fulfilment, and Dealing with Challenges to Value-based life.

Board & Lodge, Course Fee: ₹ 8,000.00

6. Personal Growth and Renewal (Also open to Silver Jubilarians)

(Sun 27th May to Wed Jun 19th 2018)

Target Group: Priests & Religious interested in deepening their personal and spiritual life and leading happier and more committed lives.

Contents: Consecrated Life, Spiritual Direction, Midlife Transition, Prayer, Core Transformation, Formation of Conscience, Psycho-sexual Integration & Celibacy, and Group Process.

Board & Lodge, Course Fee & Gp. Process: ₹ 15,000.00

7. Fully Alive after 50

(Tue June 26th to Wed July 11th 2018)

Target Group: Those who are about 50 -70 years of age, desirous of bringing about renewal in their life.

Contents: Post-Midlife Transition Helps for a meaningful, creative & productive life, Issues affecting senior age, Forgiveness & Healing of Hurts, Growing Old Gracefully.

Board & Lodge, Course Fee: ₹ 9,000.00

8. Course for the Salesian Rector

(Wed July 18th to Wed Aug 1st 2018)

Target Group: Leaders of Salesian Communities

Contents: Study of the Salesian Rector's Manual, Animation & Government of the Community, Assessment of Candidates, Diversity Management, Financial Accountability, Legal Issues, Spiritual Direction, Community Life, Documentation.

Board & Lodge, Course Fee: ₹ 10,000.00

9. Renewal Course and Retreat for the Silver Jubilarians

(Sun Aug 5th to Sun Sept 2nd 2018)

Target Group: Priests & Religious interested in using the occasion of their Silver Jubilee to deepen their commitment and grow into happier persons.

Contents: Consecrated Life, Spiritual Direction, Midlife Transition, Prayer, Congregational Charism, Core Transformation, Formation of Conscience, Psycho-sexual Integration & Celibacy, and Directed Retreat for 5 days.

Board & Lodge, Course Fee & Dir. Retreat: ₹ 16,500.00

10. Salesian Renewal Course for Silver Jubilee of Profession

(Wed Sept 12th to Tue Sept 25th 2018)

Target Group: An intensive on-going formation course for Salesians and members of the Salesian Family who are nearing the Silver Jubilee of Religious Profession.

Contents: Updates on Don Bosco, Theological Updates, Pastoral and Moral Issues, Salesian Youth Pastoral Ministry, Salesian Pedagogy, Missionary Animation, Community Life and Mission

Board & Lodge, Course Fee: ₹ 10,000

11. Renewal Course and Retreat for the Silver Jubilarians

(Thu Sept 27th to Thu Oct 25th 2018)

Target Group: Priests & Religious interested in using the occasion of their Silver Jubilee to deepen their commitment and grow into happier persons.

Contents: Consecrated Life, Spiritual Direction, Midlife Transition, Prayer, Congregational Charism, Core Transformation, Formation of Conscience, Psycho-sexual Integration & Celibacy, and Directed Retreat for 5 days.

Board & Lodge, Course Fee & Dir. Retreat: ₹ 16,500.00

12. Formation of Formators

(Mon Oct 29th to Sun Nov 25th 2018)

Target Group: Priests & Religious engaged in the Formation Ministry. Laity who are involved in the Formation of Clergy/Religious in a significant way.

Contents: Formation of Formators, Qualities of a Formator, Assessment of Candidates, Issues related to Formation of Women Religious, Vocational Motivation & Discernment,

Psycho-Cultural aspects of Formation, Formation to Prayer, Psychology of Human Development, Spiritual Direction, Community Building, Psycho-Sexual Integration & Celibacy, Group Process.

Board & Lodge, Course Fee & Gp. Process: ₹ 16,500.00

13. Practice of Spiritual Direction and Counselling

(Mon Dec 3rd to Wed Dec 13th 2018)

Target Group: Persons involved/interested in spiritual direction, e.g. in a formation house, in an educational setting or in priestly ministry, but have no advanced professional training in the subject.

Contents: Introducing Spiritual Direction, Models and Approaches, Qualities of the Spiritual Director, Listening Skills, Review of Life, Confidentiality and Ethics of Spiritual Direction, Healing of Emotions. There will also be supervised practice as well.

Board & Lodge & Course Fee: ₹ 6,000.00

PLEASE NOTE:

1. All courses begin at 6.30 p.m. on the first day of the course. Participants are to arrive by 4.00 p.m.
2. All courses conclude by noon on the last day unless indicated otherwise.
3. Applications are accepted on a first come first served basis.

For online Bank Transactions:

Name: DON BOSCO YUVA PRACHODINI

A/No: 0108053000004232, South Indian Bank, Brigade Road Branch, Bangalore.

IFSC: SIBL000108.

5. The Application Form may be downloaded from the website: www.dbyp.org and sent to

The Programme Director, Don Bosco Renewal Centre,
SOS Post, Bangalore 560076 India.

Or send an email to admitdbrc@gmail.com

6. The Application form is to be accompanied by a "Recommendation Letter" of the Major Superior of the applicant – See website.