

## RESIDENT FACULTY



### Fr. James Theophilus SDB: Rector

-B.A (Hons) Theology – Durham, England;  
Licentiate in Sacred Scripture - Rome, Italy

-Experience: Professor in seminaries, Provincial of Salesian Province of Trichy, Formator, Retreat preacher, Spiritual Director, Animator of the laity in the Salesian Family

Email: theomuttupet@gmail.com



### Fr. Bosco Ponthokkan SDB: Vice Rector & Co-ordinator of Programmes

-M.A. Psychology and Religion – GTU Berkeley, California; M.Th. Spiritual Theology – Salesian Pontifical University, Rome; Diploma in Psychological Counselling – Inst. of St Anselm, Kent, England

-Experience: Counselling and Spiritual Direction, Former Novice Master, Teacher in various seminaries, Animation of priests and religious

Email: boscoponthokkan@gmail.com



### Fr. George Thannickal SDB: Administrator

-Ph D in Theology – St John Lateran University, Rome

-Experience: Formation, Professor at Kristu Jyoti College Bangalore, Animation of priests and religious, Retreat preaching; Missionary animation; Ministry among migrant youth from Meghalaya and the young at risk

-Email: tcgsdb@yahoo.com



### Fr. John Rosario SDB: Animator

-Ph.D. in Spiritual Theology with specialization in Salesian Studies - Salesian Pontifical University, Rome

-Experience: Professor in Salesian seminaries, Formation, Animation of priests, religious, and teachers particularly in Don Bosco's system of education

- Email: rosariosdb@gmail.com



## GUEST FACULTY

**Fr. Joe Mannath, SDB - Ph.D. in Philosophy, Research in Psychology and Religion**

**Fr. Jose Kuttianimattathil, SDB - Ph.D. in Systematic Theology**

**Fr. Edison Fernandes, SDB - Ph.D. in Psychology**

**Fr. Anton Paul Padinjaarathala, SDB - Ph.D. in Canon Law**

**Fr. Santharaj Ubagaram, SDB-M.S.W., Ph.D. in Sociology**

**Sr. Rosamma John, ICM – Ph.D. in Counselling Psychology**

**Sr. Bernadine Joseph, RNDM - M.A. in Pastoral Counselling**

**Fr. Casimir Raj, SDB - Ph.D. in Youth Work**

**Fr. Joe Kokandathil SDB - Ph.D in Psychology**

**Fr. Alex Kalathikattil SDB - Ph. D in Systematic Theology**

**Fr. Raja Donthi SDB - M.Sc and M. Phil in Counselling Psychology**

**And others ...**

### What DBRC Provides :

DBRC offers "On-going formation". As such our concern is the formation of strong minds and spirits, updated training, strengthening of ministry practices, and exploration of new avenues of thought and action, hoping to make a significant and constructive contribution to the Church. To this end, we offer

- ❖ Chances for individual counselling and spiritual direction
- ❖ 6000 - Volume library with a well-furnished reading room
- ❖ Qualified and experienced resident as well as guest faculty
- ❖ Relevant and practical courses tailored to the needs of different target groups
- ❖ Scenic settings, with well-designed building, set among flower garden and fruit trees, with the bonus of the well-known Bangalore weather all year round
- ❖ Warm and joyful atmosphere, accommodation, food and amenities highly rated by participants



## REACHING DON BOSCO RENEWAL CENTRE

Don Bosco Renewal Centre is situated in the south of Bangalore. Our house lies 100 metres into Kothanur Road off Bannerghatta Road between Mount St. Joseph and the Holy Spirit School, about 15 Km from the City Railway Station and about 8 Km from the Bangalore Dairy Circle/ Dharmaram College.

### From the Bangalore City Station

If you are coming by train, get down at the Bangalore City station and take Bus 365, 365D, from Platform 15 at the City Bus Stand (also known as Majestic) just opposite to the Railway Station. AC Bus 365 will cost you only Rs. 70. It can be taken near the Restaurant side.

There are also pre-paid auto-rickshaws available from the Railway Station and Ola & Uber Taxi services; For pre-paid auto-rikshaws, ask for Loyola School stop (Kalena Agrahara), which is after Meenakshi Temple or Royal Meenakshi Mall on Bannerghatta Road. You can also search in Google Map for Don Bosco Renewal Centre and book Ola or Uber Taxi. After reaching Royal Meenakshi Mall, proceed further to Holy Spirit School or Loyola School. Take the Kothanur Road (on the right) and proceed about 100 metres. You will see our entrance marked "Don Bosco Renewal Centre". The prepaid auto fare is appr. ₹ 350. Other auto rickshaws may demand 50% more than the meter charge.

Other buses (366, 366B/C/D/E/F, 367A, 370, 371 and 372) – all begin from Kalasipalayam Bus Stand (K.R.Market), not very far from the same City station. These too come down the Bannerghatta Road. Most buses stop at "Loyola School" bus stop which is exactly at the junction of the Mantri Residency - the stop after Meenakshi Temple. Opposite to that is a side-road (Kothanur Road) to the right. On this side road, our gate is the third on the right hand side. You will see the board "DON BOSCO RENEWAL CENTRE."

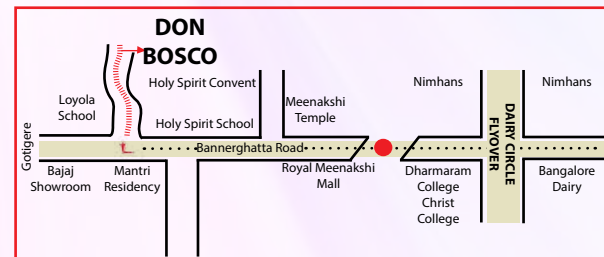
### From the Dairy Circle

If you are coming from Kerala or Tamil Nadu, your bus will most probably stop at Bangalore Dairy Circle from where you can catch any of the above-mentioned buses, and also Bus 368 which originates from Shivajinagar Bus Stand. From the Dairy Circle you can also get an auto-rickshaw to our place, but some of them may ask you to pay one and a half to two times the fare.

*It is important to remember that the landmark on the Bannerghatta road to identify our area is Meenakshi Temple or Royal Meenakshi Mall. Your auto-rickshaw driver should take you right up to our gate, and not let you off at Meenakshi temple.*

### From the Airport

When you arrive at the airport, take airport bus No. 14 coming directly to Meenakshi Mall, which is only 1 km away from our Centre. You can also take the airport bus No. 12 bound for Bannerghatta Road and get down at Vega City and take bus No. 365 or 366 from there to get off at Loyola School stop.



# DON BOSCO RENEWAL CENTRE



formerly known as  
**DON BOSCO YUVA PRACHODINI**  
**BANGALORE - 560 076, INDIA**

An International Training Centre  
of the Salesians of Don Bosco  
offering programmes in Renewal,  
On-Going Formation  
& Professional Development  
to Priests, Religious and Laity.



**COURSES 2020**



## COURSE SCHEDULE 2020

### 1. Preparation for Final Vows

(Mon Jan 6<sup>th</sup> to Fri Jan 31<sup>st</sup> 2020)

**Target Group:** Only Salesians and members of the Salesian Family in their last year before Final Vows

**Contents:** Orientation & Assessment of the Past, Consecrated Life, Community, Prayer, Mission, Discernment, Psycho-sexual Integration & Celibacy, Group Counselling and Guided Retreat.

**Board & Lodge, Course Fee, Retreat & Gp. Process:** ₹ 20000.00 (This year only)

**\* In the month of February the Centre will be closed for maintenance work.**

### 2. Leadership and Animation of Communities

(Sun March 8<sup>th</sup> to Sat April 4<sup>th</sup> 2020)

**Target Group:** Leaders of communities, whether preparing to take charge or already in office

**Contents:** Prayer Animation, Leading Multi-Cultural Communities, Leadership Styles, Enneagram, Church Leadership, Animation of Communities, Listening Skills, Emotions and Healing of Hurts, Community Building Skills, and Child Policy.

**Board & Lodge, Course Fee:** ₹ 16,500.00

### 3. Counselling and Value Training for Educators

(Mon April 13<sup>th</sup> to Sat April 25<sup>th</sup> 2020)

**Target Group:** Priests, Brothers, Sisters, Campus Ministers, Teachers and Parish Youth Coordinators

**Contents:** Issues and Problems in Human Behaviour, Counselling Skills, Person Centred Therapy, Cognitive Behavioural Therapy, Moral Development, Values and Value Clarification Exercises, and Dealing with Challenges to Value-based life.

**Board & Lodge, Course Fee:** ₹ 8,000.00

### 4. Preparation for Final Vows

(Wed April 29<sup>th</sup> to Fri May 22<sup>nd</sup> 2020)

**Target Group:** Only Salesians and members of the Salesian family in their last year before Final Vows

**Contents:** Same as Course No.1

**Board & Lodge, Course Fee, Retreat & Gp. Process:** ₹ 18,000.00

### 5. Personal Growth and Renewal (Also open to Silver Jubilarians)

(Thu May 28<sup>th</sup> to Sat Jun 20<sup>th</sup> 2020)

**Target Group:** Priests & Religious interested in deepening their spiritual life and leading happier and more committed lives

**Contents:** Consecrated Life, Spiritual Direction, Midlife Transition, Prayer, Core Transformation, Formation of Conscience, Psycho-sexual Integration & Celibacy, and Group Counselling.

**Board & Lodge, Course Fee & Gp. Process:** ₹ 16,000.00

### 6. Fully Alive after 50

(Thu June 25<sup>th</sup> to Fri July 10<sup>th</sup> 2020)

**Target Group:** Those who are about 50-70 years of age, desirous of bringing about renewal in their life

**Contents:** Post-Midlife Transition, Helps for a meaningful, creative & productive life, Issues affecting senior age, Forgiveness & Healing of Hurts, Growing Old Gracefully.

**Board & Lodge, Course Fee:** ₹ 9,000.00

### 7. Course for the Salesian Rector/ Animator

(Sun July 19<sup>th</sup> to Sat Aug 1<sup>st</sup> 2020)

**Target Group:** Leaders of Salesian Communities

**Contents:** The Salesian Rector's Manual, Animation & Government of Communities, Assessment of Candidates, Diversity Management, Financial Accountability, Legal Issues, Spiritual Direction, Community Life, Documentation.

**Board & Lodge, Course Fee:** ₹ 10,000.00

### 8. Renewal Course and Retreat for Silver Jubilarians

(Thu Aug 6<sup>th</sup> to Thu Sept 3<sup>rd</sup> 2020)

**Target Group:** Priests & Religious interested in using the occasion of their Silver Jubilee to deepen their commitment and grow into happier persons

**Contents:** Consecrated Life, Spiritual Direction, Midlife Transition, Prayer, Congregational Charism, Core Transformation, Formation of Conscience, Psycho-sexual Integration & Celibacy, and Directed Retreat for 5 days.

**Board & Lodge, Course Fee & Dir. Retreat:** ₹ 17,500.00

### 9. Salesian Renewal Course for Silver Jubilarians

(Sun Sept 13<sup>th</sup> to Sat Sept 26<sup>th</sup> 2020)

**Target Group:** An intensive on-going formation course for Salesians and members of the Salesian Family who are nearing the Silver Jubilee of Religious Profession or Ordination

**Contents:** Updates on Don Bosco, Pastoral and Moral Issues, Salesian Youth Pastoral Ministry, Salesian Pedagogy, Missionary Animation, Community Life and Mission

**Board & Lodge, Course Fee:** ₹ 10,000

### 10. Renewal Course and Retreat for Silver Jubilarians

(Thu Oct 1<sup>st</sup> to Wed Oct 28<sup>th</sup> 2020)

**Target Group:** Priests & Religious interested in using the occasion of their Silver Jubilee to deepen their commitment and grow as happier persons

**Contents:** Consecrated Life, Spiritual Direction, Midlife Transition, Prayer, Congregational Charism, Core Transformation, Formation of Conscience, Psycho-sexual Integration & Celibacy, and Directed Retreat for 5 days.

**Board & Lodge, Course Fee & Dir. Retreat:** ₹ 17,500.00

### 11. Formation of Formators

(Sun Nov 1<sup>st</sup> to Sat Nov 28<sup>th</sup> 2020)

**Target Group:** Priests & Religious engaged in the Formation Ministry and Laity who are involved in the Formation of Clergy/ Religious in a significant way

**Contents:** The Person of the Formator, Assessment of Candidates, Vocational Motivation & Discernment, Psycho-Cultural aspects of Formation, Formation to Prayer, Consecrated Life, Psychology of Human Development, Enneagram and Community Building, Psycho-Sexual Integration & Celibacy, Group Counselling.

**Board & Lodge, Course Fee & Gp. Process:** ₹ 17,500.00

### 12. Practice of Spiritual Direction and Counselling

(Wed Dec 2<sup>nd</sup> to Tue Dec 15<sup>th</sup> 2020)

**Target Group:** Persons involved/interested in spiritual direction, e.g. in a formation house, in an educational setting or in priestly ministry, but have no advanced professional training in the subject

**Contents:** Therapeutic Counselling, Models and Approaches, Introduction to Spiritual Direction, Qualities of the Spiritual Director, Listening Skills, Confidentiality and Ethics of Spiritual Direction, Healing of Emotions. There will be supervised practice as well.

**Board & Lodge & Course Fee:** ₹ 8,000.00

#### PLEASE NOTE:

1. All courses begin at 5.30 p.m. on the first day of the course. Participants are to arrive by 4.00 p.m.
2. All courses conclude by noon on the last day unless indicated otherwise.
3. Applications are accepted on a first come first served basis.

#### For online Bank Transactions:

**Name: DON BOSCO YUVA PRACHODINI;**  
**A/C No: 0526 053 000 000 568; South Indian Bank, Bannerghatta Branch, IFSC: SIBL 0000 526.**

5. The Application Form may be downloaded from the website: [www.dbyp.org](http://www.dbyp.org) and sent to

**The Programme Director, Don Bosco Renewal Centre,**  
SOS Post, Bangalore 560076 India.  
Or send an email to [admitdbrc@gmail.com](mailto:admitdbrc@gmail.com)

6. The Application form is to be accompanied by a "Recommendation Letter" of the Major Superior of the applicant – See website.

#### Contact without delay:

Rector/ Programme Director  
Don Bosco Renewal Centre, SOS Post, Bannerghatta Road,  
Bangalore - 560 076, India, Tel: 080 - 26583718, 26584115  
Admissions Email: [admitdbrc@gmail.com](mailto:admitdbrc@gmail.com)  
Website: [www.dbyp.org](http://www.dbyp.org)