

ADMISSIONS

- Register through website: www.dbyp.org or download form, fill-in and email to admitdbrc@gmail.com or post to The Programme Director.
- Form must be accompanied by a **Recommendation Letter** of applicant's Major Superior.

DON BOSCO RENEWAL CENTRE

CONTACT

Rector / Programme Director: SOS Post, Bannerghatta Road, Bangalore - 560 076, India.

☎ 83005 90191 / 93538 60013

✉ admitdbrc@gmail.com

🌐 www.dbyp.org

RESIDENT FACULTY



Fr. Shilanand Kerketta SDB

Rector, Programme Director & Animator

Studies: B.A Salesian College, Sonada; M.Ph Papal Athenaeum - Jnana Deepa (JD), Pune (Licentiate in Philosophy); M.A English (IGNOU).

Experience: Formator, Teacher of Philosophy, Vice Provincial, Provincial Council Member (11 Years), Formation Delegate, Experience in Spiritual Direction, Youth Ministry Delegate (5 yrs), Rector & Parish Priest (6 yrs); Preaching Retreats.

✉ shilanandpeterkerketta@gmail.com

☎ +91 98617 99543



Fr. Jose Vettom SDB

Vice Rector & Animator

Studies: M.Tech in Construction Engineering & Management; M.Sc. in Counselling & Psychotherapy.

Experience: 12 Years in Counselling & Guidance; Visiting Faculty to Anugraha, Dindigul & Cochin University; Formator in Aspirantate, Novitiate, Philosophate & Theologate; Head of Technical Schools.

✉ josevettom@gmail.com



Fr. Joe Kokkandathil SDB

Administrator & Animator

Studies: Ph.D in Positive Psychology (Central University of Karnataka); M.A English, M.Sc Psychology, MBA Management; Hon. Doctorate in Emotional Hygiene; Certified Trainer in Mental Health (NIMHANS).

Experience: Academic Council Member; 18 Years Principal & Asst. Professor in Colleges; International Trainer in Emotional Hygiene, Psychological Assessments & Psychotherapy; National President, Int'l Human Rights Association India.

✉ joekdsdb@gmail.com



Fr. Joe Mannath SDB

Animator & Author

Studies: Ph.D from Rome; Research in Psychology & Theology (Oxford); Post-Doctoral Studies at Harvard University & Boston College; Listed in Marquis "Who's Who in the World".

Experience: Formator, University Professor, US Visiting Professor; Past President of Association of Christian Philosophers of India & Salesian Psychological Association; Member of British Mensa; Author of Best-Selling Books and 1000+ Articles.

✉ jmannath@gmail.com 🌐 joe-mannath.org



Sr. Lydia Komuhra FMA

Assistant Coordinator and Facilitator of Programmes

Studies: B. Ed., M.A., Licentiate in Catechetics from the Pontifical Faculty of Educational Sciences "Auxilium," Rome.

Experience: Vice-Provincial, Provincial Secretary, Headmistress, General Coordinator of PCI, Superior and Formator of the Intensive Juniorate at the Provincial Conference of India (FMA), Provincial Coordinator of Catechesis and Mission, Member of the Northeast Catechetical Team.

✉ komuhra123lydia@gmail.com

☎ +91 8099154811

✦ DISTINGUISHED GUEST FACULTY

- ✦ Fr. Arockia Selvakumar SDB - MBA in Social Media
- ✦ Fr. Binu Scaria SDB - Ph.D. in Pastoral Counselling
- ✦ Fr. Bosco Ponthokkan SDB - M.A. Psychology, M.Th. Spiritual Theology
- ✦ Fr. John Dharmanathan SDB - Ph.D. in Social Work
- ✦ Fr. Joseph D'Mello SJ - Ph.D in Spiritual Theology
- ✦ Br. Paul Raj SG - Ph.D. in Christian Studies
- ✦ Fr. Seby Kidungan Ouseph SDB - Ph.D in Canon Law
- ✦ Fr. Thomas Punnapadam SDB - Ph.D. in Moral Theology
- ✦ Fr. Kuriakose Pallikunnel SDB, Fr. Mathew Thomas, & specialists.

FACILITIES & LOCATION

WHAT DBRC OFFERS: ON-GOING FORMATION

Our main concern is the formation of strong minds and spirits, updated training, ministry practices, and exploring new avenues of constructive contribution to Church and Society:

- Meaningful & practical courses by experienced resource persons
- Qualified resident faculty available for individual guidance
- Comprehensive library with a well-furnished reading room
- Warm, joyful atmosphere, high-rated amenities & food
- Scenic campus with individual self-contained private rooms
- Prayerfully inspiring chapel for deep spiritual recollection
- Conference hall with professional audio-visual technology
- Lush gardens, fruit trees, with pleasant Bangalore weather

REACHING DON BOSCO RENEWAL CENTRE

Situated in South Bangalore, 100m into Kothanur Dinne Road, off Bannerghatta Road (Stop: Loyola School / Meenakshi Mall). **Distance:** 14-16 km from railway stations, 47 km from airport, 9 km from Dairy Circle.

🚶 BY TRAIN:

From KSR (Majestic) / Cantonment: Pre-paid taxi, Ola, Uber, or 365 bus series.

🚌 BY BUS:

Get down at Dairy Circle or Madiwala; take Uber / Ola directly.

✈️ FLYING IN:

Take Volvo Bus KIA 14 to Royal Meenakshi Mall (1 km auto to DBRC) or Airport Taxi (Rs 850-1400).

Ola/Uber Destination: Don Bosco Renewal Centre (DBRC)

📍 **Open Google Map**

💬 WHAT PARTICIPANTS SAY:

"One of the best experiences I have ever had."

"I am healed of my hurts and empowered to go ahead in my life."

"The family spirit was amazing. I felt very much at home. I was helped to grow closer to God."

"Unforgettable! Good hospitality, friendly family atmosphere and lots of freedom."

"I experienced God in my inner journey."

"Free and loving atmosphere. Cordial relationships between staff and participants."

"Well planned, systematic and practical."

DON BOSCO RENEWAL CENTRE



Formerly known as

DON BOSCO YUVA PRACHODINI

BANGALORE 560 076, INDIA

An **International Training Centre** of the Salesians of Don Bosco offering Programmes in **Renewal, On-going Formation & Professional Development** for Priests, Religious and Laity.



COURSES SCHEDULE
2026 June to 2027 May



Don Bosco Renewal Centre Community

1. PERSONAL GROWTH AND RENEWAL

₹22,500

📅 Mon 25th May – Thu 19th June, 2026

Target Group: Priests & Religious interested in personal growth, deepening their spiritual life and leading happier and more committed lives

Contents: Self-Care: Happy Adulthood, Handling Negative Emotions, Digital Discipleship and Wellbeing, Human Sexuality and Celibacy, Emotional Hygiene, Holistic Meditation, Enneagram, Healing in the context of relationship

2. PREPARATION OF THE SALESIAN RECTOR

₹18,000

📅 Thu 25th June – Tue 14th July, 2026

Target Group: Leaders of Salesian Communities

Contents: Networking the new way forward, Tips for Salesian Superiors, Emotional Healing and Spiritual Counselling, Basics of Spiritual Direction, Canon Law & Authority, Animation & Governance: Rector Manual, the Shared Salesian Mission, Discernment, Animation & Governance, Salesian Administration, Salesian Youth Ministry

3. FORMATION OF FORMATORS

₹14,000

📅 Fri 17th July – Tue 30 July, 2026

Target Group: Priests & Religious engaged in the formation ministry and laity who are involved in the formation of clergy / religious in a significant way

Contents: Happy Religious Life, Psycho-sexual integration, Spiritual Direction, Emotional Health and Formation, Fundamentals of Counselling for formation, Fundamental Principles of Formation/aspects/tools for assessment, Role of digital media in formation, Motivations and values in formation

4. RENEWAL COURSE AND RETREAT FOR SILVER JUBILARIANS

₹14,000

📅 Mon 3rd August – Sat 29th August, 2026

Target Group: Priests & Religious interested in using the occasion of their Silver Jubilee to deepen their commitment and grow into happier persons

Contents: Self-Care, Happy Adulthood, Enneagram, Healing in the context of relationship, Holistic Meditation, Emotional Hygiene, Human Sexuality and Celibacy, Handling Negative Emotions, Guided Retreat

5. SALESIAN BROTHERS' ONGOING FORMATION PROGRAMME

₹11,000

📅 Tue 1st September – Fri 11th September, 2026

Target Group: Salesian Brothers

Contents: Fundamental Principles of Formation (Ratio), Spiritual direction: Its importance, Identity of the Salesian Brother, Emotional Hygiene, Psycho-sexual and spiritual integration, Salesian Youth Ministry (dimensions, EPC, EPPC, SEPP), Preventive System – Salesian Spirituality

6. GUIDED RETREAT (AN EXPERIENCE OF SPIRITUAL DIRECTION)

₹7,000

📅 Mon 7th September – Mon 14th September, 2026

Target Group: Priests, Religious and Laity who wish to make a Silent Retreat with the Help of a Guide

Contents: Silent Prayer with the Word of God – the Whole Day. One Short Conference in the Morning to Introduce the Day's Theme and Bible Passages. Meeting with a Spiritual Director Every Day. Confessors Available & Sacrament of Reconciliation will be Organized on a Day

7. SALESIAN DEACONS' COURSE

₹38,000

📅 Fri 18th September – Thu 15th October, 2026

Target Group: Salesian Deacons of South Asia Region

Contents: Salesian Consecrated Life, Priestly Vocation, Youth & Migrant Ministry, Spiritual Accompaniment, Oratories & Sports, Ecology, AI in Ministry, Psycho-Sexual Integration, Emotional Hygiene, Intercultural Sensitivity, Multi-Religious Ministry, Education, Word-Centred Pastoral Care, Healing Ministry, Self-Care, Safeguarding, Formation Principles and DB Tech Skill Mission. The programme also focuses on holistic personal growth, responsible ministry, effective leadership, pastoral sensitivity and deeper integration of Salesian

8. JOINT FORMATION OF SALESIANS, DAUGHTERS OF MARY HELP OF CHRISTIANS AND THE SALESIAN COOPERATORS

₹10,000

📅 Sat 17 October – Mon 26th October, 2026

Target Group: Salesians, FMAs, particularly those responsible for animation of Cooperators and Cooperators belonging to both the Salesian family groups

Contents: Holiness in Family Life, Communion and Collaboration in the Salesian Family, Leadership and Communication, Animation and Participation in the Salesian Family, Educating with the Heart of Don Bosco: A Journey into Salesian Pedagogy, Spiritual Awakening through Emotional Healing, Word of God in Christian Family Life, Identity of the Salesian Family with Special Reference to the Preventive System, Salesian Youth Ministry: Our Spirituality

9. GUIDED RETREAT FOR THE SALESIANS OF HYDERABAD

₹5,000

📅 Wed 28th October – Mon 2nd November, 2026

Target Group: Salesians of the Province of Hyderabad or other religious and laity

Contents: Silent Prayer with the Word of God – the Whole Day. One Short Conference in the Morning to Introduce the Day's Theme and Bible Passages. Meeting with a Spiritual Director Every Day. Confessors Available & Sacrament of Reconciliation will be Organized on a Day

10. PERSONAL GROWTH AND RENEWAL

₹21,600

📅 Wed 4th November – Fri 27th November, 2026

Target Group: Priests & Religious interested in personal growth, deepening their spiritual life and leading happier and more committed lives

Contents: Self-Care in 5 Areas; Happy Religious / Priestly Life, learning from the Past & Handling Negative emotions, understanding of self – Enneagram Personality, Deepening of Prayer life (Centring Prayer), Emotional Healing through Holistic Meditation, Emotional Hygiene, Mid-life transition, Healthy use of Media, Religious life (Vows, Community life, Mission)

11. COUNSELLING SKILLS AND PRACTICE

₹20,700

📅 Tue 29th November – 19th December, 2026

Target Group: Persons involved / interested in counselling, e.g. in the formation houses, in the educational & technical settings, in the hospitals, hostels, boardings and orphanages, in parishes and priestly ministry, but have no advanced professional training in the subject

Contents: Therapeutic Counselling (Models and Approaches), Listening Skills, Healing of Emotions, Supervised practice of Counselling and Spiritual Direction and pastoral Accompaniment

12. PREPARATION FOR FINAL VOWS

₹26,700

📅 Fri 2nd January – 29th January, 2027

Target Group: Salesians and Members of the Salesian Family in their Last Year before Final Vows

Contents: Orientation & Assessment of the Past, Consecrated Life, Community, Prayer, Mission, Discernment, Psycho-Sexual Integration & Celibacy, Group Counselling and Guided Retreat

✦ DBRC PROGRAMME HIGHLIGHTS

- ★ **Holistic Integration:** Blending psychology, theology, prayer, and professional ministry skills.
- ★ **Experienced Mentors:** National & international resource persons with decades of expertise.
- ★ **Personal Direction:** Daily individual accompaniment & guided discernment.
- ★ **Enriching Environment:** Serene campus atmosphere conducive to rest and spiritual renewal.

FOR ONLINE BANK TRANSACTIONS

Account Name: DON BOSCO YUVA PRACHODINI

Account Number: 0526 053 000 000 568

Bank: South Indian Bank, Bannerghatta Branch
IFSC Code: SIBL 0000 526

13. PERSONAL GROWTH AND RENEWAL (ALSO OPEN TO SILVER JUBILARIANS)

₹21,600

📅 Wed February 04th to Fri February 27th, 2027

Target Group: Priests & Religious interested in personal growth, deepening their spiritual life and leading happier and more committed lives

Contents: Consecrated Life, Spiritual Direction, Midlife Transition, deepening of Prayer life, Emotional Hygiene, Psycho-sexual Integration & Celibacy, Holistic Health and Guided Retreat

14. ANIMATION OF POST-QUINQUENNIAL SALESIANS

₹14,250

📅 Thu March 01st to Thu March 15th, 2027

Target Group: Young Salesian Priests who are in the Sixth or Seventh year of their Priestly Ministry and Salesian Brothers of that age group. (Quinquennium Salesians)

Contents: Decision Making Process, Conflict Management, Inner Healing, Holistic Health, Psycho-sexual Maturity & Celibacy, Salesian Pastoral Accompaniment, Spiritual Accompaniment and Counselling

15. PERSONAL GROWTH AND RENEWAL

₹22,500

📅 Wed March 25th to Sat April 18th, 2027

Target Group: Priests & Religious interested in personal growth, deepening their spiritual life and leading happier and more committed lives. Open to Sabbaticals

Contents: Consecrated Life, Spiritual Direction, Midlife / Post-Midlife Transition, deepening of Prayer, helps for a Meaningful, Creative & Productive Life, Issues Affecting the Age, Media Usage; Forgiveness and Healing of Hurts, Growing Gracefully, Holistic Health and Guided Retreat

16. PREPARATION FOR FINAL VOWS

₹26,700

📅 Fri April 22nd April to Thu May 19th, 2027

Target Group: Salesians and Members of the Salesian Family in their Last Year before Final Vows

Contents: Orientation & Assessment of the Past, Consecrated Life, Community, Prayer, Mission, Discernment, Psycho-Sexual Integration & Celibacy, Group Counselling and Guided Retreat

⚠ PLEASE NOTE

- All courses begin at **5:30 p.m.** on the first day of the course with the Holy Eucharist. Participants are expected to arrive by **4:00 p.m.**
- All courses conclude by **3:00 p.m.** on the last day, unless indicated otherwise.
- Applications are accepted on a **first-come, first-served** basis.